

# **Discipleship for Busy People**

## **Mark 3:7-19**

Jesus calls us to be his disciples amidst the pressures of life. Spend time with him and let him send you into the world to share his message.

### **Jesus, Pressured Jesus (3:7-12)**

Jesus withdrew from Capernaum to the sea. His withdrawal indicates both his popularity as well as the hostility of his opponents.

Jesus' demanding pace of ministry continues as the crowds still flock to him in droves to be healed and as the demons still cringe in alarm.

So intense was the impact of Jesus' healing ministry and the desire of people to touch him, he told the disciples to have a boat ready as a means of escape.

### **Make Time for God and People (3:13-19)**

From the lakeside lowlands, Jesus went up into the hills. He got away by himself.

Luke 6:12 says that Jesus went to pray.

Following his night of prayer, he chose his 12 disciples.

Jesus appointed the twelve for two reasons—(1) that they might be with him; and (2) that he might send them out to preach, and he gave them authority to cast out demons.

### **Principles to Practice**

Jesus understands what it means to live a demanding, pressure-packed life.

Get away by yourself and spend time with God.

Spend time in prayer.

Let others help carry your burdens.

Let God send you into the world to share his message.